

Studio Rates April 1st 2022

New to Pilates? Join a Beginner Series!

Beginner Private Package

3 One Hour Privates = \$200.00 (3 hours) **(\$55 Savings!)

Beginner Reformer Series

1 Class / Week for 4 Weeks = \$120.00 (4 Classes)

Beginner Matwork Series

1 Class / Week for 4 Weeks = \$72.00 (4 Classes)

Matwork

\$18.00 / Class for 4 Weeks = \$72.00 (4 Classes)

***Classes are by pre-registration, 6 students maximum*

\$180.00 Matwork Punch Pass (10 Classes with a 3 Month Expiry Date)

Reformer

\$30.00 / Class for 4 Weeks = \$120.00 (4 Classes)

***Drop In \$32.00 (limited spots available, check with studio)*

Semi Privates (2 people max) \$45.00 / per person

Private Sessions

1 hour \$85.00

5 hour package \$400.00 Bulk discounted rate (\$80.00 / hour)

10 hour package \$750.00 Bulk discounted rate (\$75.00 / hour)

In 10 sessions you'll feel the difference, in 20 sessions you'll see the difference and in 30 sessions you'll have a whole new body.

Joseph Pilates



Call the studio to register

250.352.1600

info@kootenaiplates.com

*****Cancellation Policy – Please contact us 24 hours before you miss a group class or private session or the full price of your class/private session will be applied. Thank you for your understanding!***